## LES SOUPES

## SOUPE À L'OIGNON GRATINÉE 9

Traditional French Onion Soup sweetened with Port Wine enriched with Veal Stock & topped with Gruyere and Parmesan Cheeses

## LOBSTER BISQUE 10

A rich soup made of lobster stock flambéed with cognac and thickened with rice, cream and a touch of cayenne

## **SOUPE DU JOUR 8**

Prepared from the Season's Freshest Ingredients. Please Inquire.

## LES SALADES

SALADE DE LA MAISON 7

Mixed Greens tossed in our tangy Citrus Dijon Vinaigrette

## SALADE DE CHEVRE CHAUD AVEC FIGUE 14

Warm Goat Cheese, Fig Compote, Field Greens, Citrus Vinaigrette

## **CONFIT DE CANARD 15**

Muscovy Duck leg slow cooked in its own fat with herbs served with lentils and greens tossed in a Raspberry Vinaigrette

## **SALADE HOMARD 19**

Poached lobster with roasted corn, haricot vert and tomatoes with mixed greens, creme fraiche et an Herb Vinaigrette

## SALADE D'EPINARDS ET BETTERAVES 9

Baby spinach with fresh sliced beets with a mild creamy blue cheese dressing

# LES HORS D'OEUVRES

## FOIE GRAS FRAIS 21

Fresh Hudson Valley Foie Gras Seared, Sauce du Jour

## FOIE GRAS TORCHON 19

Chilled Hudson Valley Foie Gras and black truffles poached in a veal demi glace served on grilled brioche

## COQUILLES ST. JACQUES 14

White Wine, Bay Scallops, Leeks, Mushrooms, Gruyere Cheese Sauce

## TUNA TARTARE 15\*

Hand chopped sushi grade ahi tuna with shallots, soy sauce, Tabasco, chive oil and wasabi

## **BRANDADE DU MORUE 10**

Salt Cod whipped with potatoes, garlic and extra virgin olive oil

## ESCARGOTS PROVENÇALES 10

Half Dozen Helix Snails baked in Butter, Tomatoes, Garlic & Herbs

#### **MOULES MARINIÈRES 14**

Prince Edward Island Mussels steamed in a broth of White Wine, Bay Leaf, Mustard and Cream

## **MOULES MARSEILLAISE 14**

Prince Edward Island Mussels steamed in a non-fat Spicy Tomato and Dry Vermouth broth

## ASSIETTE DE CHARCUTERIE 14

Housemade Pate, Rillette, and Sausages with accompaniments. Add artisanal cheeses \$4 each

## ASSIETTE DE FROMAGE 16

A selection of three choices of fine European Cheese

## LES HUÎTRES NATURELLES 15 - 1/2 DOZEN / 25 – DOZEN\*

Raw Oysters on the Half Shell served with Mignonette

## LES POISSONS

## LOUP DE MER CHILIEN AVEC SAFRAN, CHORIZO ET TOMATE 37

Sautéed Chilean Sea Bass with a sauce of saffron, beef chorizo and tomato beurre blanc served with creamy risotto

## BRANZINO MÉDITERRANÉEN 35

Baked Mediterranean Sea Bass stuffed with crab, goat cheese, oregano, white balsamic, and shaved Parmesan

## QUEUE DE HOMMARD SAUCE VANILLE ET CHAMPAGNE 30

Twin Maine lobster tails in a butter sauce of champagne and vanilla served with creamy risotto

## **SOLE LIMANDE 29**

Lemon Sole with smoked salmon, leeks, risotto and a sorrel beurre blanc

## ESCARGOT, TOMATE, CHAMPIGNONS ET ÉPINARDS AVEC PENNE 21

Escargot with roasted tomatoes, mushroom and spinach tossed with penne in a basil cream

# LES VIANDES ET VOLAILLES

## STEAK AU POIVRE 42

Kansas City Strip encrusted in black peppers flambeed in Cognac with a sauce of veal stock, Madagascar green peppercorns and cream, served with french fries and a mixed field green salad

## FILET LE FOU 54

Filet mignon with lobster meat in a sauce of veal demi glace with melted Boursin cheese, served with Dauphin potatoes and asparagus

#### WAGYU ROSSINI 62

10 oz. of дomestic Kobe filet toppeд with 3 oz. of fresh foie gras over brioche with a sauce Perigourдine, veal дemi-glace with melteд foie gras, truffles anд Мадеіra

## JARRET D'AGNEAU PROVENCAL 24

Braised lamb shank in a rosemary lamb jus with cumin scented cous cous and ratatouille

## **MAGRET DU CANARD 25**

Moulard Duck with cracked black pepper and raspberry au jus, served with wild rice and sauteed vegetables

## POULET AFRIQUE DU NORD 23

Grilled breast of chicken marinated in olive oil, cumin, and garlic, served with braised thigh, chickpeas, grilled vegetables, in a sauce ginger, dried fruits, and spices



We served only organic hormone-free grain-finished Midwestern beef.

\*According to the KC health department, the consumption of raw and/ or under cooked meat, poultry and seafood may be hazardous to your health.

A suggested 20% gratuity added for parties of 6+. No checks accepted.

## LE FOU FROG

400 E. 5th Street Kansas City, MO 64106 (816) 474-6060 email: lefoufrog@yahoo.com www.lefoufrog.com