

Dumplings

Chef's specialties! All made in house from fresh hand-rolled wrappers, fresh cut meat and chopped vegetables, Simply delicious. Please allow 15 minutes for cooking.

	Reg.	Lg.
★Sichuan Pork Dumplings (8/24).....	7.25	18.55
Steamed pork dumplings in a delicious garlic-soy and chili sauce.		
Meat Dumplings (8/24)	7.25	18.95
Fresh pork and nappa cabbage in handmade wrappers, served with a soy-vinegar dipping sauce.		
Choose steamed or pan-fried.		
Chive Dumplings with Shrimp and Pork(10/20)....	8.95	15.95
Fresh chive, shrimp, pork and ginger.		
Steamed Vegetable Dumplings (8/24)	7.25	18.95

Appetizers

	Reg.	Lg.
Grill Shrimp Satay (4/12).....	7.95	19.95
Crispy Calamari	8.95	16.95
Panko Shrimp (4/12).....	7.95	19.95
Crispy Fresh Tofu with Dipping Sauce	6.95	12.95
Crab Rangoon (6/18).....	6.95	17.55
Shrimp Rolls (3/9)	5.25	13.95
Vegetable Spring Rolls (2/8)	4.55	14.95
Crispy Eggplant	6.95	12.95
◆Vietnamese Style Spring Rolls (2/6) .	5.95	15.95
Shrimp, pork, cucumber and lettuce with rice noodles rolled in a thin rice wrapper. Served with peanut-hoisin dipping sauce.		
Vegetarian available served cool		
Cantonese Lettuce Wraps		
Chicken or vegetable	7.95	
Japanese Style Seaweed Salad.....	6.95	
■Edamame.....	4.95	8.95
Fresh green soy beans.		

Soup

All our soup stocks are made fresh daily.

	Cup	Bowl	Qt.
★Hot and Sour Soup.....	3.25	4.75	7.95
Lean pork, bamboo shoot, mushroom and egg in chicken stock			
Chicken Wonton Soup.....	3.25	4.75	7.95
■Egg Drop Soup.....	2.75	3.95	7.75
■Sizzling Rice Soup with Chicken (for 2)..	8.75		
Sliced chicken, fresh vegetables in a light chicken broth.			
■Seafood Tofu Soup (for 2)	9.55		
Shrimp, scallop and crab meat, vegetables and egg white.			
Seaweed and Tomato Soup (for 2)	8.55		
With spinach and tofu in a vegetable broth.			

Sichuan Specialties

	Reg.	Lg.
★Yu Xiang Whole Flounder	21.95	
Tea Smoked Duck (1/2).....	17.95	
★General Tso's Chicken.....	11.95	18.95
★◆Sichuan Gong Bao		
◆Chicken	10.95	16.95
◆Beef.....	13.95	20.95
◆Shrimp and Scallops .	15.95	22.95
★Sichuan Wonder		
Chicken	12.95	
Beef.....	13.95	
Fish	15.95	
★Orange Peel Shrimp.....	15.95	22.95
★Ginger and Garlic Shrimp	14.95	21.95
★Sichuan Peppercorn Chicken.....	10.95	16.95
★Yu Xiang Chicken	10.95	16.95

Beijing Specialties

	Reg.	Lg.
Beijing Roasted Duck (1/2 / whole).....	18.95	33.95
■House Special Sizzling Rice	15.95	
Shrimp, scallops and chicken with fresh vegetables in a light ginger sauce		
Sweet and Sour Pork.....	12.95	19.95
Garlic Pork	12.95	19.95
Moo Shu Chicken or Pork	10.95	16.95
Mandarin Chicken.....	10.95	16.95
★Beijing Crispy Beef	14.95	21.95
★Shrimp Beijing.....	13.95	20.95
★Mongolian Beef	11.95	18.95
Mandarin Pork	10.95	17.95
Lamb with Scallion	14.95	22.95
★Hui Style Lamb with Spices	14.95	22.95

Classic Dishes

	Reg.	Lg.
■Shrimp with Cashews	13.95	20.95
Triple Delight	12.95	19.95
Shrimp, chicken and beef with vegetables.		
★Chicken and Shrimp Hunan Style	12.95	19.95
★■Curry Chicken	11.95	18.95
Sweet and Sour Chicken	10.95	17.95
◆Cashew Chicken.....	10.95	17.95
Beef Broccoli	11.95	18.95
■Moo Goo Gai Pan.....	10.95	17.95
■Shrimp and Lobster Sauce	13.95	
Add Chow Funn Noodles 3.00 extra		

Cantonese Specialties

	Reg.	Lg.
Cantonese Style Whole Flounder ..	21.95	
Boneless whole fish with choice of ginger and scallions, sweet chili and garlic, or salt and pepper.		
Salmon Filet.....	15.95	
Choose steamed or grill Teriyaki		
Sizzling Shrimp and Scallops	16.95	
Jumbo shrimp and sea scallops, fresh vegetables in a garlic ginger sauce		
★Scallops in Black Bean Sauce....	16.95	
★Chef's Garlic Crispy Shrimp	15.95	
◆Honey Walnut Shrimp	13.95	21.55
◆Honey Walnut Chicken.....	11.95	18.95
★Chicken Black Bean Sauce	11.95	16.95
Seafood and Tofu Pot.....	16.95	
Salted Fish with Chicken and Tofu Pot	15.95	
Cantonese Pork Belly	15.95	
Slow Cooked Beef Pot.....	15.95	

Tofu and Vegetables

	Reg.	Lg.
★Sichuan Ma Po Tofu (no meat) ...	9.75	14.95
★Tofu Family style.....	9.75	14.95
★Tofu in Black Bean Sauce.....	9.75	14.95
★Sichuan Eggplant and Tomato	10.95	16.55
★■Curry Vegetables	9.95	16.95
■Sautéed Mixed Vegetables.....	9.75	14.95
★Green Bean Sichuan Style	9.75	14.95
Add marinated Tofu.....2.50 extra		
■Baby Bok Choy with Garlic.....	9.75	14.95
■Spinach with Garlic	9.75	14.95

Steamed Only Dishes

■Steamed Chicken with Vegetables.....	10.55
■Steamed Shrimp with Vegetables	12.95
■Steamed Mixed Vegetables	9.75

★spicy ■gluten free ◆nuts
Please advise us of your dietary needs or allergy request.
Extra charges for substitutions. no MSG in most sauces.

Noodles

Reg. Lg.

Bo Lings Fried Noodles 12.95 19.95

Pan-fried egg noodles smothered with jumbo shrimp, chicken, beef and fresh vegetables in our special brown sauce.

★◆**Pad Thai Noodles with Shrimp** 12.95.. 19.95

Soft rice noodles, fresh bean sprouts, peanuts and tofu.

★◆**Pad Thai Noodles with Chicken** 11.95 . 18.95

★**Singapore Noodles with**

■**Shrimp or BBQ Pork**..... 12.55.. 18.95

Thin rice noodles, curry, bean sprouts, egg and onions.

Cantonese Noodles with Chicken .. 10.95.. 17.95

Pan-fried thin yellow noodles, fresh vegetables in a light sauce.

Chow Funn Noodles with

Beef or Chicken 10.95.. 17.95

Soft flat rice noodles, onions and bean sprouts with soy sauce.

Combination Lo Mein 11.95.. 17.95

Chicken or Vegetable Lo Mein..... 9.75 . 16.95

★◆**Sichuan Dan Dan Noodle with Pork**..8.95 . 15.95

With Shrimp ... 10.95.. 17.95

Soft noodles in a special sesame-chili-garlic sauce with a touch of Chinese black vinegar.

Long Life Noodle Soup 9.75 ... 16.95

Shrimp, chicken and egg with fresh spinach and thin rice noodles in a delicious chicken broth.

***Sichuan Eggplant and Noodle Bowl**... 10.95

Rice

Reg. Lg.

Fresh Pineapple Fried Rice

■**with Seafood** 15.95

with BBQ Pork..... 14.95

■**with Vegetables**..... 13.95

House Special Rice Plate 12.95.. 19.95

White fried rice served aside shrimp, scallops, chicken and vegetables in a delicious soy-garlic sauce.

Young Chow Fried Rice..... 9.95 ... 16.95

White fried rice with egg, shrimp, chicken and BBQ pork.

Shrimp Fried Rice..... 9.95 ... 16.95

Chicken or Pork Fried Rice 9.75 ... 16.95

■**Fresh Vegetable Fried Rice** 8.95 ... 15.95

Fresh zucchini, mushrooms, snow peas, carrots, bean sprouts with eggs and onions in a mixture of white and brown rice.

■**Salted Fish Fried Rice with Chicken** . 13.95

(white rice)

★**XO Sauce Fried Rice with Shrimp** . 14.95

(white rice)

Lunch Menu

Monday-Friday 11:00am-3:00pm

Combination Plates

Lunch plates are served with egg drop soup, crab rangoon, and your choice of vegetable fried rice, steamed white or brown rice. (rice is not served with noodle dishes)

Grilled Salmon Teriyaki Style 12.95

Grilled salmon filet with a Japanese style sauce and steamed vegetables.

★**General Tso's Chicken** 9.75

Our most popular dish! Crispy chicken in a sweet and spicy sauce.

■**Shrimp and Chicken in Ginger Sauce**..... 9.75

Served with choice of steamed white or brown rice or rice noodle.

■**Shrimp with Lobster Sauce** 9.75

Served with choice of steamed white or brown rice or rice noodle.

★**Sichuan Peppercorn Chicken** 8.95

Sliced chicken with fresh vegetables in a spicy peppercorn and chili sauce.

★◆**Gong Bao Chicken**..... 8.95

Diced chicken with peanuts and hot peppers and fresh green beans.

★**Spicy Curry Chicken** 8.95

Our special blend of curry and herbs, tender chicken, fresh vegetables and coconut milk.

◆**Cashew Chicken** 8.95

A house favorite, with tender diced chicken and fresh vegetables.

■**Chicken and Vegetables** 8.95

Sweet and Sour Chicken 8.95

★**Chicken and Shrimp Hunan Style**..... 9.75

★**Sichuan Peppercorn Beef**..... 9.25

★**Spicy Mongolian Beef**..... 9.25

Beef with Broccoli..... 9.25

★**Curry Vegetables**..... 8.95

■**Sauteed Mixed Vegetables** 8.95

★**Tofu family Style**..... 8.95

★spicy ■gluten free ◆nuts

Please advise us of your dietary needs or allergy request
Extra charges for substitutions no MSG in most sauces

Children's Plate \$ 7.00

■**Chicken Broccoli** **Crispy Chicken**

Beef Broccoli **Lo Mein (stir-fry noodles)**



BO LINGS

chinese please!

South Overland Park

7105 w. 135th st.

Overland Park, KS 66223

Open 7 days

Tel: 913 239 8188

Order online

www. bolings.com

Catering Special Events Delivery

Custom Fancy Birthday and Wedding Cakes

6 Kansas City area locations