



LUNCH MENU

STARTERS

Lump Crab Cakes ^{GF}

Baby greens, radishes, fresh cilantro, smokey tomato vinaigrette, roasted red pepper remoulade 14

Portobello Rangoon Rolls

Cream cheese, portobello mushrooms, scallions, phyllo dough, sweet soy chili glaze 7

Smoked Chicken & Chorizo Dip ^{GF}

Chicken, local chorizo, cream cheese & white cheddar, roasted pablano peppers, blue corn tortilla chips 8

Shrimp Tempura

Battered & deep fried, sweet garlic chili sauce 9

Fried Brussel Sprouts

Granny Smith apples, shaved prosciutto & pistachios. Sweet apple Cider gastrique & house made hot sauce 7

SANDWICHES

Half Sandwich with a Cup of Soup or Salad

Sandwich: Ophelia's Club, BLT or Chicken Salad Sandwich
Salad: Ophelia's or Caesar 8

Main Street Burger

Topped with your choice: Cheddar, Havarti, Swiss, or Bleu cheese grilled onions, pretzel bun 12

Peppercorn Pork Havarti Burger

Premium beef, spinach, caramelized red onions, Havarti, pork belly, peppercorn egg bun, lemon rosemary aioli 14

Ophelia's Club

Smoked turkey, ham, bacon, Swiss cheese, Bibb lettuce, tomato, garlic aioli 11

Grilled Beef Tenderloin

Pickled red onion, Boursin cheese, spinach & horseradish mousse 15

Ophelia's B.L.T.

Candied rosemary bacon, crisp Bibb lettuce, sweet tomato marmalade, country wheat bread 9

Cubano

Crispy pork belly, shaved ham, house pickles, Havarti cheese, stone ground mustard, sweet bacon jam 12

Chicken Salad

Chicken breast, apple, cilantro and spinach, toasted country wheat bread 10

Fried Crab Cake

Roasted red pepper aioli, Napa slaw, grilled peppercorn egg bun 16

SOUP & SALAD

Tomato Basil 4 | Soup du Jour 5

Ophelia's House 6 | Add chicken or shrimp 4

Caesar 6 | Add chicken or shrimp 4

Warm Apple & Bacon Spinach

Local baby spinach, Granny Smith apples, smoked bacon, caramelized red onions, warm bacon vinaigrette freshly grated Gorgonzola cheese 8

Ahi Tuna

Napa cabbage, tomatoes, bell peppers, pickled onions, pan-seared Ahi tuna, sweet soy and crispy wontons 17
Half-order 12

Chili Salmon ^{GF}

Grilled salmon sweet chili glaze, mixed local greens, Napa cabbage, bell peppers, grape tomatoes, carrots, rice-wine vinaigrette 16
Half-order 11

Greek Orzo & Grilled Lemon Shrimp

Julienned baby spinach, bell peppers, marinated artichokes, Kalamata olives, Feta cheese, lemon-garlic vinaigrette 15
Half-order 10

Chopped Chicken

Napa cabbage, mixed baby greens, bell peppers, tomatoes, cucumbers, sweet teriyaki glazed chicken breast, cilantro-peanut vinaigrette 14 | Half-order 9

HOUSE SPECIALTIES

Shrimp -n- Grits

Scallion & red chili grits, garlic scented spinach, jumbo Gulf shrimp, sweet chili butter & fresh grated smoked Gouda Cheese 17

Brick Chicken ^{GF}

Chicken breast seared, pan-fried fingerling potatoes, French beans, roasted tomatoes, BBQ aioli, crispy shallots 14

Grilled Norwegian Salmon ^{GF}

Seasonal risotto, pan-fried Brussel sprouts & roasted tomatoes, citrus herb butter 16

Short Rib Risotto ^{GF}

Six-hour braised beef short ribs, french onion apple risotto, buttered french beans, marsala wine reduction, crispy shallots 18

Twisted Quesadilla

Seasoned chicken, white Cheddar and Asiago cheeses, peppers, cilantro coulis, cranberry relish 12

Citrus Chicken & Shrimp Capellini Pasta

Rosemary and lemon marinated chicken breast, jumbo Gulf shrimp, white wine garlic butter sauce, grilled broccoli spears, capellini pasta, sun-dried tomatoes, prosciutto and peas 19

SIDES

Sweet potato fries 4 | Seasonal vegetables 4 | Hand-cut fries 4 | Brussel sprouts 5 | Seasonal risotto 5
Pan-fried fingerling potatoes 4 | Napa coleslaw 4 | Grilled asparagus 6 | Sauteed French beans 4

SPA MENU

Served with Ophelia's Salad & your choice of fresh fruit or vegetables

Spa Grilled Chicken ^{GF}

Marinated grilled chicken breast
sweet red pepper pesto 12

Spa Vegetarian ^{GF}

Seasonal vegetables, fresh
fruit, Ophelia's salad 9

Spa Beef Tenderloin ^{GF}

Filet grilled & sliced,
roasted poblano chimichurri 16

Spa Sushi Tuna ^{GF}

Seared Ahi Tuna,
wasabi, ginger & soy sauce 15

Spa Grilled Salmon ^{GF}

Grilled salmon,
sweet chili glaze 14